

# LEEDERVILLE GARDENS NEWSLETTER

## LEEDERVILLE GARDENS

37 Britannia Road

Leederville WA 6007

E: [tina@villagesolutions.com.au](mailto:tina@villagesolutions.com.au)

P: 9242 5602

## OFFICE HOURS

Monday to Thursday

8.00am to 4.00pm

*Should you have an urgent issue when the office is closed please contact head office on 9355 3400 who will happily assist you*

## BIRTHDAY MENTIONS



As Gladiolus is the birth flower for those born in August, who better than Dame Edna to wish all you possums a very Happy Birthday!

## Happy Birthday

- Kay and Kevin Jones
- Lois Kershaw
- John Atkinson

## UPDATES FROM YOUR VILLAGE COMMITTEE

Dear Residents

It is with deep regret that I advise the recent passing of Peter Boam on 18 July at Hollywood surrounded by his family. Peter was our oldest Resident who had given a lot of his time to representing LGRA at both Board and WARVRA level whilst at the Village. His lanky frame pushing his trusty walker will be missed within the Village and in the park.

It's hard to believe that we are halfway through winter. The Village has been pretty quiet with some away and some unwell. I would like to thank everyone who has helped me recover after my back operation. You've all been awesome and there were too many offers of help to take up. It's now Fergus's turn who has had a lump taken off his tail and has to wear a cone for 10 days - one, very unimpressed dog!



It was great to come back and see some much-needed maintenance being done and solar panels being installed. The new lattice makes such a difference with more still scheduled. Brentham Street side is undergoing a waterwise “look” and looks much less cluttered.

Our AGM is only a few weeks away (Wednesday 21 August) and will, as such, replace the Quarterly meeting that used to be held before it. If you have missed the cut-off date for nominations, please give me a call. We are still looking for names and people to help us keep our voice within the Village. Meetings are usually the second Tuesday of the month at 1.30 for 1.5 hours. The annual subscription for LGRA is due shortly and a form should be in your letterbox. Please make Jude’s job nice and easy by doing this ASAP and ensuring your name is legible.

A wonderful Xmas in July was held. Marion was still under the weather from her operation, but everybody did their bit and a fun lunch was had with lots of Christmassy decorations and colour. The food from Mark’s Pantry was outstanding. I know Marion is looking for some new people to go on the Social Committee so why not talk to her. Meetings are an hour on the first Wednesday of each month. You will note a new Pod coffee machine in the Clubhouse. At our next meeting, we will decide best way to pay for use and put simplified instructions up. It is planned to sell the old one.

I know there is a Quiz on our new rubbish system further on in the Newsletter. I urge you to do this and make every attempt to understand how this works. Our Village “Bin Ogre” (who shall be nameless) cannot believe how so much confusion confronts her on her frequent inspections.

Don’t forget to let Di know (or myself) know if any of your contact details change.

Alison Robinson

Chair, LGRA

0417 995 254

Alirob215@gmail.com

## LGRA COMMITTEE POSITIONS

### REMINDER

It is important to register as a  
Member of Leederville Gardens Residents’ Assoc. (Inc.)  
Please complete the PINK form that was delivered to you recently

Please return your form to Secretary Diane Allen (33)  
before the AGM on August 21st

### REMINDER

Have you considered Nominating for the Residents’ Committee for 2019/2020?  
Please complete the GREEN form that was delivered to you a few weeks ago.

Residents are invited to nominate for positions on the Resident Committee  
as an Executive Office Holder (Chair, Duty Chair, Secretary, Treasurer)  
or an Ordinary Member (4 positions).

It is important to have a strong Resident Committee to represent Residents of our Village.

Please return your form to Secretary Diane Allen (33)  
(We are accepting late nominations)

## COMING SOON - VILLAGE | RESIDENT AUGUST EVENTS

3 & 4 AUGUST	Age & Caring Expo at the Perth Convention and Exhibition Centre
5 AUGUST	Amanda Skully is opening her new Monday hair saloon - <b>25% discount on advertised prices</b>
8 AUGUST	Movie Morning - Let me know what you'd like me to show! Golden Oldies or something for the New to Netflix list
16 AUGUST	Soup Night
21 AUGUST	LGRA AGM
22 AUGUST	Movie Morning
23 AUGUST	Happy Hour with Xenia
28 AUGUST	'Pop Up' Restaurant - please don't forget to add your name to the list in the library and check out the menu
1 SEPTEMBER	'Myth Busting' Session - please see flyer enclosed with Newsletter
5 SEPTEMBER	Window Cleaner will be here - please add your name to the list if interested

## GARDENING NEWS FROM LISA



Lisa has started to prune and fertilise the roses, she is also treating them with a lime, sulphur and eco oil mix which may make them a little smelly (and not in a good way) for a short time.

Thanks Lisa and crew - the gardens are looking awesome!

## SOCIAL CLUB NEWS

Many thanks to the Social Committee and helpers who created a wonderful setting complete with tree crackers and decorations for our Christmas in July dinner. Mark excelled himself with a very special meal with all the trimmings. I am grateful to everyone's hard work to make this a special occasion.



Our free **Meditation Group** continues each Monday in the clubhouse from 5.30-6.00pm with new residents most welcome. Different forms of meditation are enjoyed each week. *Thank you organiser Helen Long.*

**Happy Hour** is definitely a “Happy” group meeting in the clubhouse once a month on the first Wednesday from 5.00-6.00pm. Everyone welcome and BYO drinks and nibbles to share.

### AUGUST EVENTS

16<sup>th</sup> August 6.00pm - **SOUP NIGHT**

Bring a soup along to share or \$5.00 charge for those who don't wish to cook. All residents welcome. Soup will be followed by cheese and biscuits organised by the social club.

23<sup>rd</sup> August 5.00pm - **XENIA WILL PRESENT HER MOST POPULAR TALK**

This will be a second in the series of her bird watching activities (see upcoming flyer with details) BYO drinks and nibbles.

**DON'T FORGET TO START PLANNING FOR OUR 6<sup>TH</sup> OCTOBER Sunday 2.00 - 4.00pm “ANTIQUES ROADSHOW STYLE EVENT” HELD IN THE CLUBHOUSE.**

We have invited a professional Antiques/Bric a Brac Assessor to be present to assess the value of your articles. Three items only allowed per resident and definitely **NO JEWELLERY**. This will be a **‘RESIDENTS ONLY’** event and afternoon tea will be available at a small charge.

## HEALTH & BEAUTY

GP - DR PETER WINTERTON	<ul style="list-style-type: none"> <li>Thursday 1<sup>ST</sup> August</li> </ul>	Please contact village office to book an appointment
PODIATRIST - ROSLYN GRIEGG	<ul style="list-style-type: none"> <li>Wednesdays 7<sup>th</sup> and 21<sup>st</sup> August</li> </ul>	Ring 0422 913 685 for an appointment
HAIRDRESSERS - LINLEY & PETA	<ul style="list-style-type: none"> <li>Every Friday for the month of August</li> </ul>	0418 940 566 or 9284 0530 after 5 pm for an appointment
HAIRDRESSER - AMANDA	<ul style="list-style-type: none"> <li>Every Monday for the month of August</li> </ul>	Contact Amanda direct on 0430 161 097 to book a free consultation on your 1 <sup>st</sup> service with 25% discount
REWIND CLASSES WITH CARMEL	<ul style="list-style-type: none"> <li>Thursday 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup> August</li> <li>Note classes cancelled for 1st and 8<sup>th</sup> this month.</li> </ul>	\$10 per session or see Carmel for a loyalty card.



Do you fancy a new hairstyle? Here is our new hairdresser Amanda who is offering 25% discount on your first appointment.



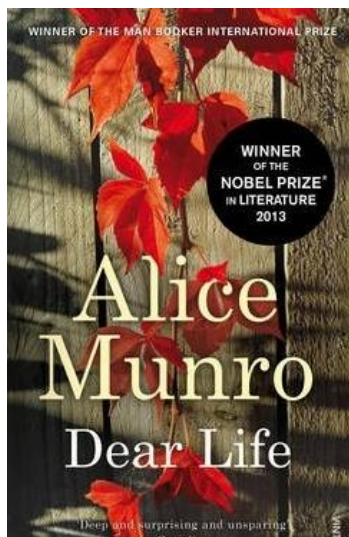
## FREE TO GOOD HOME

Does anyone have need of this chair which is available free. Ideal for recovery after hip or similar surgery. It comes with a tray. There are a few rust marks on the legs but very sturdy. Please let me know if you are interested.





## BOOK CLUB



Our dedicated organiser Sandra, looks forward to welcoming everyone, especially new members.

**Date:** Thursday 8<sup>th</sup> August 2019

**Time:** 4.00 pm

**Book:** Dear Life

**Author:** Alice Munro

## LIBRARY ITEMS EXCHANGE

The delivery date for this month is Tuesday 20<sup>th</sup> August.

## MANAGEMENT AND BOARD UPDATES

There is very little I can add to Alison's lovely tribute to Peter Boam other than to say he will be sadly missed by all the VSA team. Peter was a lovely gentleman with a very sharp sense of humor and he always brightened my day when he visited the office. One day I'll share with folks why he always drove sedately on his way out of the village - but a little over the speed limit on the return trip 😊.

I know there are many residents in the village whose health is not as good as they would wish at present, but it is so rare to hear anyone complain. Rather, I am constantly stunned by the positivity and joy that is all around the village, even when times are a little tough. Hats off to all you folks - you know who you are!

Unfortunately, the rest of what I have to say is all business. With the changes to the Common Service Fees effective from 1 July 2019 there will doubtless be a few people who do not pay by direct debit whose July payment did not reflect the increase. If you could please make the adjustment prior to your August payment that would be very much appreciated. If you have a shortfall to make up, I am happy to accept this payment in the office.

I have been made aware a number of residents have received letters from ATCO advising their gas meters are going to be replaced. **This is a legitimate letter** and I would advise all of you who have received this letter to contact ATCO direct on the number provided (13 13 56) to schedule a time for

them to call when you will be at home. This will ensure all your appliances can be re-lit and tested. If you would like me to liaise with ATCO on your behalf, I am happy to assist - please just let me know. I have spoken to ATCO and they are very keen to ensure the changeover goes smoothly and residents are not inconvenienced.

Finally, Amanda Scully will open her Monday hairdressing salon on 5<sup>th</sup> August and has offered a 25% discount on her advertised prices. Amanda is happy to provide a free consultation if you would like to drop in and say hi. Alternatively, if you would like to book, Amanda's number is 0430 161 097. Linley (0418 940 566) will continue to offer her services on a Friday as always - so much glamour in the Village!

Happy August

Tina Merry

Village Manager

## EVENTS OUTSIDE THE VILLAGE - COMING SOON



Navigate the pathway to aged care at the Care and Ageing Expo

3 & 4 August 2019  
9.30am - 4.00pm  
Perth Convention & Exhibition Centre

### TICKETS

#### Pre-Purchase

8.00 Adult

\$5.00 Concession (Health,  
Seniors Card, Student)

#### At the Door

\$10 Adult

\$7.50 Concession (Health,  
Seniors Card, Student)

Free - Pension (Aged, Veteran,  
Disability)

Free - Children (Under 18)

[www.careandageingexpo.com.au](http://www.careandageingexpo.com.au)

***Don't miss Fiona presenting with our lovely Jill Kenny on Saturday afternoon***

## VILLAGE SALES UPDATE

- Villa 28 - For sale, basic refurbishment and on the market for \$400,000.
- Villa 29 - **UNDER RESERVATION \*\*\***
- Villa 30 - For sale, basic refurbishment - price reduced to \$375,000.
- Villa 44 - **UNDER RESERVATION \*\*\***
- Villa 48 - **UNDER RESERVATION \*\*\***
- Apartment 67 - For Sale, full modern refurbishment with fantastic views to the park, on the market for \$495,000 - \$515,000.

**HOME OPEN IS HELD WEEKLY TUESDAY AND WEDNESDAY 10.00AM TO 12NOON AND SATURDAYS 1.30PM TO 2.30PM OR ALTERNATIVELY BY PRIVATE APPOINTMENT**



## TO MAKE YOU SMILE!

Does anybody remember Tommy Cooper - he was one of a kind and a bit like Dame Edna - you either loved him or hated him. These are classic Tommy:

- Two blondes walked into a building - you'd think at least one of them would have seen it.
- Phone answering machine message: 'If you want to buy marijuana, press the hash key'.
- A guy walked into a psychiatrist wearing only clingfilm for shorts. The shrink says, 'Well I can clearly see you're nuts.'
- I went to buy some camouflage trousers the other day - but I couldn't see any.
- I went to a Seafood Disco last week and pulled a muscle.
- Our ice cream man was found lying on the floor of his van covered with hundreds and thousands. Police say he topped himself.



.....and **JUST LIKE THAT** we're done!

*Thanks to Helen for providing these - blame her not me!*



## RECIPE

### FRUIT SLICE - GREAT SNACK OR “LUNCH BOX” SLICE

#### Ingredients

- 500 g mixed dried fruit
- 2 tablespoons honey or golden syrup
- 1/2 cup soft brown sugar
- 1 cup self raising flour
- 15 g butter or margarine
- 2/3 cup (159 g) ricotta cheese
- 30 g desiccated coconut or flaked almonds



#### Method

- Preheat oven to 160 C.
- Melt butter or margarine, honey and sugar in saucepan or microwave
- Add ricotta. Mix well. Add fruits, nuts and flour to form a stiff mixture. Pat evenly into baking tray, 30 x 25 x 2.5 cm.
- Sprinkle over coconut or almonds. Bake for 15-20 minutes until slice is cooked and golden brown. Mark into square while still warm. Cool and store.

**Man in bed with his wife..  
Slides his hand slowly across  
her shoulders... across her  
neck... below her neck...  
under her back...**  
**Wife: (In a romantic voice)**  
**Why did you stop?**  
**Husband: Got the remote...**  
**You go back to sleep.**

## RECYCLING QUIZ QUESTIONS



1. Can I put my plastic bags in my recycling bin?



2. Can harder plastics, like my take-away food container or my plastic coat hanger go in my recycling bin?

3. I read a lot of newspapers and magazines, can they go in the recycling bin?



4. What about disposable coffee cups and meat trays can they go in my recycling bin?

5. Can nappies go in the recycling bin?



6. Do I have to remove the cap on my milk bottle or the lid on my margarine container before I put the container into the recycling bin?

7. If I put my old clothes in the recycling bin, do they get recycled and go to another home?

8. Can aerosols go in the recycling bin?

## SCAM WATCH

### June 2019 – Fake Tax Debt Scam via WhatsApp



The ATO advise there has been an increase in scammers using WhatsApp to impersonate the ATO. Current reports indicate the scam is the latest twist to the fake tax debt scam where scammers issue a pre-recorded voice message to your phone demanding immediate payment of a tax debt and threatening immediate arrest. In addition to requesting payment via unusual methods, the scammers may also ask call recipients to send a photo of their driver's licence, passport or other identity credential via WhatsApp. This may result in far reaching identity compromise for victims.

The ATO does not have a profile on WhatsApp and will never engage with you on this platform.

Never give out any sensitive personal identifying information unless you can independently verify the identity of the person or organisation you are providing it to.

Know your tax affairs - you can log into ATO online services through myGov to check your tax affairs at any time, or you can contact your tax agent or the ATO via an independently sourced number.

Cyber criminals can also use vulnerabilities in apps such as WhatsApp to access your phone or device. The Australian Cyber Security Centre (ACSC) is currently advising users of WhatsApp to update your app to apply the latest security updates and set your phone and device/s to auto update.

If you receive an ATO impersonation scam phone call or text message, and have not paid or provided sensitive personal identifying information to the scammer, you can report the scam online.

Scam victims who have paid or provided sensitive personal identifying information to a scammer can call 1800 008 540. This number can also be used to verify if an interaction with the ATO is legitimate.



## QUIZ ANSWERS

1. *Plastic bags can't be recycled if placed in your yellow lid bin because they are a "soft plastic", which means they can become tangled in sorting machinery and cause breakdowns. They can also contaminate other waste which hinders the recycling of other items. Most supermarkets have special bins for plastic bag collection. From here they are taken away for recycling, so best to drop them off there.*
2. *Any plastic which doesn't "scrunch" – such as buckets, water bottles and plant pots – are fine to recycle, but soft ones are not. The only thing holding back the recycling of rigid plastic is metal, which is often contained within products like children's toys.*
3. *Newspapers, magazines and paper all go in the recycling bin. But make sure they're not ripped into tiny pieces. Anything smaller than the palm of your hand can cause huge problems for recycling factories because they fall through the sorting machines and contaminate other recyclable items.*
4. *Disposable coffee cups are lined with a waterproof plastic called polyethylene which makes them non-recyclable and a contaminant. On top of that, these cups release methane gas in landfill. So, in short, a non-disposable cup is your best choice! Meat trays should not be put in the yellow lid recycling bin - please put them in the red lid bin.*
5. *You might have thought that was a trick question, but the answer is no, of course you can't. But we included it because some councils have been dealing with mounds of nappies thrown in the recycling bin.*
6. *Plastic lids are mostly made of a different material and when recycling plastics, all different types must be separated for processing. Bottles containing goods like milk, orange juice and soft drink can all be recycled but the tops of them can't because they're so small they clog up the recycling machines.*
7. *There are limited options for recycling textiles and clothing. You're better off putting old clothes you don't want in a charity bin rather than contaminating it by putting in with your household recyclables to eventually be taken to landfill.*
8. *Aerosols are considered hazardous waste and need to be taken to one of the facilities where the public can safely drop off their hazardous waste - nearest to LG is the Recycling Centre at Balcatta, 238 Balcatta Road, Balcatta. Alternatively, you can drop them off in the office and Tina will drop them off when we have a 'collection'.*