

LEEDERVILLE GARDENS NEWSLETTER

APRIL 2019

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NEW OFFICE HOURS

Monday to Thursday

8.00am to 4.00pm

Should you have an urgent issue on a Friday please contact head office on 9355 3400 who will happily assist you



Happy Easter every bunny!

BIRTHDAY MENTIONS

Count not the candles...see the lights they give. Count not the years, but the life you live. Wishing you a wonderful time ahead. Happy birthday.



Alex Macmillan

Elizabeth Walker

Shirley Barker

Helen Cozens

Eileen Gallagher

Ray McNaught

Muriel Doyle

Don McAllister

Joy Fong

UPDATES FROM YOUR VILLAGE COMMITTEE

Dear Residents

This month saw us have the opportunity to attend an excellent workshop on Risk Management which centred around the Village. This should become the basis for the Board to produce a Risk Management Policy. It was fascinating how the 18 or so of us attending saw risks at different levels.

Our next Quarterly meeting is on Wednesday 22 May at 3.00 pm. Please mark this in your calendar now as there are new By-Laws to approve and updates on the Clubhouse development around which there are currently more talks.

LGRA have also defined the roles of Office Bearers to assist future Committees. Please let me know if you wish to see these.

There were some errors in the Residents' Contact Directory. The changes are in this newsletter. Our apologies.

Wishing you all a very Happy Easter and safe travels if you are going away.

Correction to Resident Directory

There are a few errors in the Resident Directory distributed a few weeks ago. The errors will be corrected in the next updated Directory when the time comes. In the meantime, would you please make the following changes to your list.

6	Madeliene Keay	9443 6424	-----	-----
22	Verna Kingsbury	9444 9387	-----	kingvern@iinet.net.au
31	Mary & Ted Bosman	9443 2490	0401 575 714	tedknebst@outlook.com
42	Julia Ross	9444 0648	-----	-----
4	Denise Reudavey	9444 2194	0417 960 139	-----

Alison Robinson, Chair, LGRA, Villa 24

P: 0417 995 254

E: alirob215@gmail.com

SOCIAL COMMITTEE

The Social Club committee met this month and discussed planning for the next few months. We will be trying out the Gourmet Fish and Chip shop at the Mezz this year and he comes highly recommended, so do come and share with us on Good Friday at the Clubhouse.

We also discussed the low stock of cutlery from the kitchen and have decided to use the cutlery in the Clubhouse drawers that have been stored for many years and not used. The BBQ has been temporarily relocated to the other side of the gate at the rear of the clubhouse and has been reconnected to the mains gas supply, we are yet to determine if this will be its final resting place.

WA day breakfast was planned with lots of yummy goodies and the Mates Day decided to be held on 10th April at Northside Café Hillarys.

St Patricks Day Pot Luck was a huge success with record numbers of 33 which is over half the village especially as last year was low on numbers. Congrats Penny and Helen for looking after us and a big thank you to the amazing cooks presenting such a fabulous assortment of Irish fodder and more.

The "green" was well worn with a special tie that kept attracting kisses when worn (see photo).

After speaking with two friends in other villages I was surprised to hear that 3 other villages never get more than a quarter or a third of their residents to events, so we should be proud of our results.

Yay Go Leederville Gardens.....



Don't forget our fundraising Cancer Morning Tea for we have an active committee producing potted plants (see photo) and amazing knitting from Tina (see photo) with Marilyn's team busily crafting. Please note Marilyn's Number 0428939228 if you wish to donate new craft items you have made.

Best wishes Marion Joy, Social Secretary, Villa 50



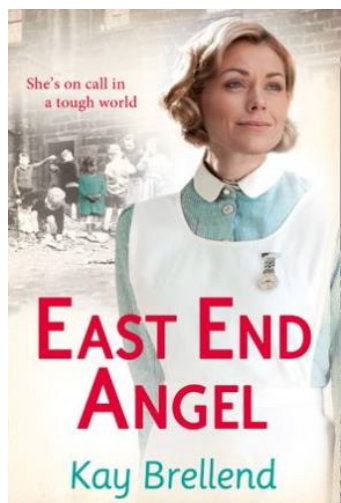
COMING SOON - VILLAGE | RESIDENT APRIL EVENTS

HEALTH & BEAUTY		
GP - DR PETER WINTERTON	<ul style="list-style-type: none"> Thursday 4th April 	Please contact village office to book an appointment
PODIATRIST - ROSLYN GRIEGG	<ul style="list-style-type: none"> Wednesday 3rd April Wednesday 17th April 	Ring 0422 913 685 for an appointment
HAIRDRESSERS - LINLEY & PETA	<ul style="list-style-type: none"> Every Friday for the month of April - except Good Friday (will be here on Thursday 18th April) 	0418 940 566 or 9284 0530 after 5 pm for an appointment

REWIND CLASSES

Classes are underway again on **Thursdays at 1.00 pm in the Clubhouse**. The cost of each session is \$10 but Carmel offers a loyalty card which can reduce this. It would be lovely to see some new faces (ladies & gents). The classes are low impact and exercises can be done from a seated position.

BOOK CLUB



Our Dedicated Organiser Sandra, Looks Forward To Welcoming Everyone, Especially New Members

DATE: Thursday 11th April

TIME: 4.00 pm

BOOK: East End Angel

AUTHOR: Kay Brelland

LIBRARY ITEMS EXCHANGE

The delivery date for April 2019 is Tuesday 16th April

APRIL/MAY DATES TO NOTE

WEDNESDAY 10TH APRIL - Mates' Day

FRIDAY 19TH APRIL - Good Friday - Gourmet Fish and Chips

THURSDAY 25TH APRIL - Anzac afternoon Tea

SATURDAY 4 MAY 2019 - Educational session for prospective purchasers. The session will include a panel discussion that should allay some misconceptions and provide the facts on retirement living and why it remains an attractive seniors living option. Residents welcome to attend or join the group for lunch.

EVENTS OUTSIDE THE VILLAGE - COMING SOON



The Perth Garden Festival transforms McCallum Park into a gardener's paradise with spectacular landscape show gardens, a huge plant market and incredible outdoor living products.

When: Thursday 11th - Sunday 14th April 2019

Where: McCallum Park, Garland St, Victoria Park WA 6100

Cost: Adult Tickets - \$20, Adult Tickets (Concession) - \$14, Kids Enter Free

MANAGEMENT AND BOARD UPDATES

I'm not sure how many people in the village were born in the northern hemisphere like me, but Easter is the time of year when I am really confused about the season - I'm convinced it's spring! It's strange though, just as spring energises people I think the end of the long hot summer has a similar impact here in Australia and Autumn marks a time for starting new projects, looking forward and getting out into the world.

How long since you felt the sand in-between your toes? I'd forgotten just how great it is to sit and watch the surf. So important not to let the simple things slip away! Take time to drive somewhere different, catch a train or a ferry just for the heck of it! Be adventurous! Ask a friend or neighbour to join you. Take a picnic lunch or tea. In your local environment, you are spoilt for choice in terms of beautiful destinations. I have a wonderful neighbour who every week makes a point of going somewhere even though she often travels alone. She is inspiring in her outlook and uplifting with her positive attitude to life and she certainly makes the most of her SMARTRIDER!

I say the above with the greatest respect and empathy for all whose health issues prevent the type of activity we can take for granted. However, even within our limitations, the challenge to all of us is to keep active, keep connected, stay interested and interesting! Pack each day with purpose.

Your home should always be your sanctuary, time spent out of it will only makes it more rewarding to come back to!

On the subject of new initiatives, the month of May sees the introduction of new educational sessions for prospective purchasers. The first session on Saturday 4th May will help expand knowledge and overall awareness of this unique and seniors focused accommodation option. A panel will answer all questions and hopefully allay some misconceptions. Residents are of course very welcome to attend or enjoy lunch with the group. We hope this change to our usual 'open days' will see increased interest in the village. More information will be available later this month and a special notice will be sent to each resident.

TONI'S TRAVELS

Early morning at the Taj Mahal and a little later the sun was glistening on it. Also visited the Agra Fort and Fatehpur Sikri.

Several highlights in Delhi, including a tuk-tuk ride through the old markets. Hairy- scary!! On to Jaipur, Jodhpur and Nalai before Udaipur with its white palaces on beautiful Lake Pichola. And at the end of each day's sightseeing a refreshing dip in the pool at each of our delightful hotels.

There were 16 of us on this Kings Tours trip.

Toni



FANTASTIC OPPORTUNITY TO BE A COOKING STAR!

Leederville Gardens have been approached by Elena Brand, a Leederville resident with a strong background in writing and photography for nonprofit organisations. Elena is keen to develop a website that showcases the favourite recipes of seniors together with the stories behind them.

If you are interested in participating, it would involve going through and preparing your absolute favourite recipe with Elena and having some photos taken of the preparation and finished dish. It's Elena's belief that although there are many recipe websites out there, they lack a bit of heart and it is so much more meaningful to recreate 'Sandra's Eggplant Lasagne' than to pick something from a professional's website. Especially if in the process, we learn a little about 'Sandra's' life and culture. I will put a list on the noticeboard in the library - please add your name if you are interested in discussing this idea with Elena.

SKYLIGHT CLEANING

By popular demand, Rob who recently installed the new aluminum slats and gates at Unit 48 has quoted a price of \$20 to clean the internal surfaces of your skylight. This price is dependent upon at least 5 people taking up the offer. Please let me know if you would like your cobwebs swept away for this 'one off' price.

A GENTLE REMINDER

Just a reminder that you can submit a maintenance request and other forms to the office via the website. Alternatively, please complete a form and place it in the box in the library. All forms can be found in the orange folder next to the box in the library. Please provide as much detail as possible as this greatly assists when liaising with contractors.

WANTED TO BUY, SELL OR GIVEAWAY



TEMPORARY VISITOR PARKING BAYS

Please note the temporary visitor parking bays at Units 28 and 29 are no longer available for this purpose. As refurbishment works are commencing at Unit 29, these bays, together with Bay 26 have been allocated for contractors for the duration of the project. Bay 30 is to be used exclusively by the resident of Unit 26 throughout the refurbishment period. **Currently, only Bay 48 remains available as visitor parking.** Please ensure your visitors restrict their parking to the two hour limit for this bay.

VILLAGE SALES UPDATE

- **Villa 20** - For sale, beautifully presented and on the market for \$420,000.
- **Villa 28** - For sale, basic refurbishment and on the market for \$400,000.
- **Villa 30** - For sale, basic refurbishment - price reduced to \$375.00.
- **Villa 48** - For sale, fully refurbished on the market for \$430,000
- **Apartment 66** - For sale, refurbished on the market for \$275,000 to \$295,000.
- **Apartment 67** - For Sale, full modern refurbishment with fantastic views to the park, on the market for \$495,000 - \$515,000.

**HOME OPEN IS HELD WEEKLY TUESDAY AND WEDNESDAY 10.00AM TO 12 NOON
AND SATURDAYS 1.30PM TO 2.30PM OR ALTERNATIVELY BY APPOINTMENT**

LEEDERVILLE GARDENS - BOARD PROFILE



With two new Board Members in our midst who have recently joined your community volunteers that make up the Leederville Gardens Inc. Board we felt it timely to introduce the “newbies” to you all in the normal format and are delighted to introduce **Jane Wedgewood** in this edition. We asked Jane:

Why did you apply to be a Board member?

I have time at the moment and I believe I can be of some use

How would you summarise retirement living?

I'm not sure - working with Leederville Gardens is my first detailed experience of retirement living in a community environment

What would you like to see happen at LG over the next 2 years?

The community to be happy & healthy and for the Board to provide great governance and support

Can we interest you in a villa for sale?

Tempting ... the location is fabulous and it would make a great lock-up and leave.

Do you also currently work elsewhere and what is your role in that company.

Not at the moment but I should really get myself a job

If you won the lottery what would you do with the money?

Help out some of my friends - especially those with young children - give lots of money to the Salvos because at some other time it could be me who needs their help & support ... and lots of money to the Cat Haven. Hopefully, there would be some left over for a few trips perhaps Russia or New York

What is your favourite travel destination and why?

Anywhere! Currently I have a fascination with China. Cheap, safe and incredibly interesting.

What are you passionate about?

Family, friends, theatre and I really like flowers and cats as well

As a Board member what would be your primary personal achievement for Leederville Gardens by the end of your term?

No idea. Hopefully it will be something that the residents believe adds value to their lives

TO MAKE YOU SMILE!

Squirrels in Church



Squirrels had overrun three churches in Fareham Town, Hampshire, UK. The vicars had tried everything in their power to remove them. After a great deal of prayer, the churchwardens of the first church determined that the animals were predestined to be there. Who were they to interfere with God's will? However, the squirrels continued to multiply.

The second church's wardens also decided that they could not harm any of God's creatures; so they purchased some humane traps, caught the miscreants and set the squirrels free outside of town in the New Forest. Several days later, the squirrels returned much to the Parish Council's horror.

It was only the third church, Holy Trinity, which succeeded in keeping the intruders away. The vicar baptised the squirrels and registered them as members of the church. Now they only see them at Christmas and Easter.

QUIZ QUESTIONS

This quiz for very bright bunnies who know everything! I found out in a hurry that I didn't. There are only nine questions - see how you go.



1. Name the one sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. What famous North American landmark is constantly moving backward?
3. Of all vegetables, only two can live to produce on their own for several growing seasons. All other vegetables must be replanted every year. What are the only two perennial vegetables?
4. What fruit has its seeds on the outside?
5. In many liquor stores, you can buy pear brandy, with a real pear inside the bottle. The pear is whole and ripe, and the bottle is genuine; it hasn't been cut in any way. How did the pear get inside the bottle?
6. Only three words in standard English begin with the letters 'dw' and they are all common words. Name two of them.
7. There are 14 punctuation marks in English grammar. Can you name at least half of them?
8. Name the only vegetable or fruit that is never sold frozen, canned, processed, cooked, or in any other form except fresh.
9. Name 6 or more things that you can wear on your feet beginning with the letter 'S'.

RECIPE - HOT CROSS BUNS



INGREDIENTS

4 cups plain flour
2 x 7g sachets dried yeast
1/4 cup caster sugar
1 1/2 teaspoons mixed spice
pinch of salt
1 1/2 cups currants
40g butter
300ml milk
2 eggs, lightly beaten

FLOUR PASTE

1/2 Cup plain flour
4 to 5 tablespoons water

GLAZE

1/3 cup water
2 tablespoons caster sugar
Butter to serve

METHOD

Step 1 - Combine flour, yeast, sugar, mixed spice, salt and currants in a large bowl. Melt butter in a small saucepan over medium heat. Add milk. Heat for 1 minute, or until lukewarm. Add warm milk mixture and eggs to currant mixture. Use a flat-bladed knife to mix until dough almost comes together. Use clean hands to finish mixing to form a soft dough.

Step 2 - Turn dough out onto a floured surface. Knead for 10 minutes, or until dough is smooth. Place into a lightly oiled bowl. Cover with plastic wrap. Set aside in a warm, draught-free place for 1 to 1 1/2 hours, or until dough doubles in size.

Step 3 - Line a large baking tray with non-stick baking paper. Punch dough down to its original size. Knead for 30 seconds on a lightly floured surface until smooth. Divide into 12 even portions. Shape each portion into a ball. Place balls onto a lined tray, apart. Cover with plastic wrap. Set aside in a warm, draught-free place for 30 minutes, or until buns double in size. Preheat oven to 190 C or 170 C fan-force.

Step 4 - Make flour paste: Mix flour and water together in a small bowl until smooth, adding a little more water if paste is too thick. Spoon into a small snap-lock bag. Snip of corner of bag. Pipe flour paste over tops of buns to form crosses. Bake for 20 to 25 minutes, or until buns are cooked through.

Step 5 - Make glaze: Place water and sugar into a small saucepan over low heat. Stir until sugar dissolves. Bring to the boil. Boil for 3-4 minutes. Brush warm glaze over warm hot cross buns. Serve warm or at room temperature.

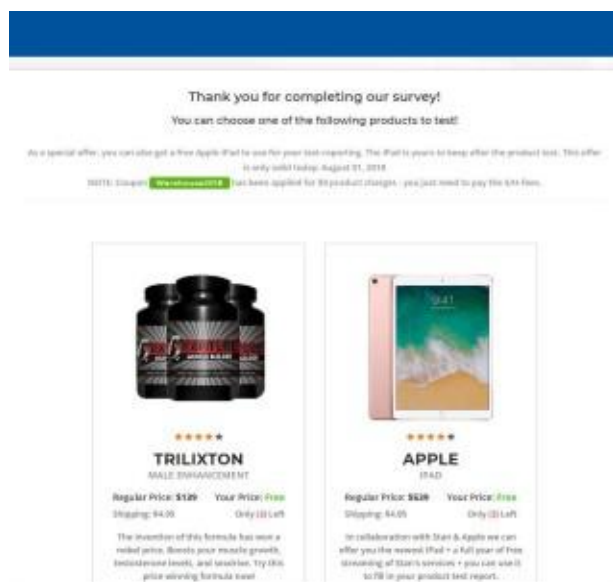
QUIZ ANSWERS

1. Boxing 2. Niagara Falls - The rim is worn down about two and a half feet each year because of the millions of gallons of water that rush over it every minute. 3. Asparagus and rhubarb 4. Strawberry 5. The bottles are placed over pear buds when they are small, and are wired in place on the tree. The bottle is left in place for the entire growing season. When the pears are ripe, they are snipped off at the stems. 6. Dwarf, dwell and dwindle 7. Fourteen punctuation marks in English grammar: Period, comma, colon, semicolon, dash, hyphen, apostrophe, question mark, exclamation mark, brackets, parenthesis, braces, and ellipses. 8. Lettuce 9. Shoes, socks, sandals, sneakers, slippers, skis, skates, snowshoes, stocking and stilts

SCAM WATCH

Welcome to our new section of the newsletter, where we hope to provide information to residents on current WA scams that are circulating, the more information people receive, the less likelihood of them becoming a victim!

FAKE CHEMIST WAREHOUSE SURVEY



If you receive an unexpected survey invitation and the chance to receive free products, keep your cards close to your chest - especially your credit cards.

WA ScamNet has received reports of a fake online questionnaire claiming to be from both Priceline and Chemist Warehouse. People receive a link to the survey via a text message, which may even appear to be sent by a friend or family member.

The link goes to a website featuring Priceline or Chemist Warehouse branding, where participants are invited to answer a few questions about their buying habits. They are then offered free health and beauty products - and even an iPad - if they pay for shipping and handling.

In reality, it's a "phishing" scam designed to steal credit card details and personal information. If you have received a text message or email like this, do not click on the link. Delete the message straight away. If you have completed the survey and signed up for the goods, contact your credit card provider and WA ScamNet immediately

Tips to avoid phishing scams:

- Do not open or click on links in suspicious or unsolicited emails (spam) or text messages - delete them.
- Look out for signs that a website may not be genuine, including spelling errors, low-resolution images or an address that is unusual or different from a company's authentic website.
- Never enter your personal, credit card or online account information on a website that you are not certain is authentic.
- Get in touch with the legitimate company, using its official contact details, to check if an offer is genuine.

YOU COMPARES

Fraudsters are stealing money after promising savings on household bills through a fake business called 'You Compares' - not to be confused with authentic comparison website YouCompare.

The steps of the scam:



You receive unsolicited contact by telephone or email from You Compares offering a 20 per cent saving on your bills. They provide a Hotmail address for contact and ABN details. After you send them a scanned copy of a bill, You Compares claim they have made the payment to the service provider on your behalf. You contact your service provider, which confirms payment has been received for the bill. You pay 80 per cent of the total bill to You Compares via a bank transfer. Later, the service provider contacts you to advise that the payment has been reversed and you must pay the now overdue bill again. You attempt to contact You Compares, but they are no longer answering your calls or emails.

YOU
COMPARES

The real YouCompare business (<https://youcompare.com.au>) has confirmed it does not offer bill payment services like this. It also **does not currently operate in Western Australia.**

Consumers are urged to be on the lookout for You Compares, emails received from youcompare@hotmail.com and alliancemarketing@hotmail.com or similar free email accounts, and a You Compares pamphlet that has spelling and grammar errors.

Top tips to avoid this type of scam:

- Remember anyone who phones out of the blue offering a special deal may not be who they say they are. Hang up if it seems too good to be true.
- Don't be pressured. Take notes about the deal but then do some research before signing up or giving out personal information.
- Check their details (including business name, address and phone numbers) through reliable channels. Verify that the email address belongs to the real company you think you're dealing with. Be cautious about any business that uses free email services such as Hotmail, Yahoo or Gmail.
- Financial service providers should be licensed through the Australian Securities and Investments Commission (ASIC) - but remember that scammers can copy these details too.
- Be suspicious about requests to pay up-front fees via wire or bank transfer. Get advice from Consumer Protection (1300 30 4054) or ASIC (1300 300 630) before going ahead.
- Check online to see if the details match other reported scams or call WA ScamNet (1300 30 40 54).

If you have made payments or provided bank details, advise your financial institution immediately and request a charge back if you used a credit card.